

SUMMER 2026 June 29th to August 14th June 29th to July 19th (North Delta Recreation Center) / July 20th to August 14th (Sungod Recreation Centre)												
TIME	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SUNDAY	TIME
	On Ice	Off-Ice	On Ice	Off-Ice	On Ice	Off-Ice	On Ice	Off-Ice	On Ice	Off-Ice	On-Ice	
8:15	8:15 - 9:15 am		8:15 - 9:15 am		8:15 - 9:15 am		8:15 - 9:15 am		8:15 - 9:15 am			8:15
8:30	High-Performance Freeskate		High-Performance Freeskate		High-Performance Freeskate		High-Performance Freeskate		High-Performance Freeskate			8:30
8:45				Pre-Juvenile U11 Off-Ice Class								8:45
9:00												9:00
9:15	9:15 - 9:45 am				9:15 - 9:45 am							9:15
9:30	HP Enrichment				HP Enrichment							9:30
9:45	ICE CLEAN				ICE CLEAN							9:45
10:00	10:00 - 11:00 am				10:00 - 11:00 am							10:00
10:15	Sectional Team Freeskate			AD Off-Ice Class								10:15
10:30												10:30
10:45												10:45
11:00	ICE CLEAN				ICE CLEAN							11:00
11:15	11:15 am - 12:15 pm	11:15 am - 12:15 pm			11:15 am - 12:15 pm							11:15
11:30	Advanced Dev. Freeskate	HP Off-Ice Class			Advanced Dev. Freeskate							11:30
11:45												11:45
12:00												12:00
12:15	12:15 - 12:45 pm				12:15 - 12:45 pm							12:15
12:30	AD Enrichment				AD Enrichment							12:30
12:45	ICE CLEAN				ICE CLEAN							12:45
1:00	1:00 - 2:00 pm	1:00 - 2:00 pm			1:00 - 2:00 pm							1:00
1:15	Development Freeskate	AD Off-Ice Class			Development Freeskate							1:15
1:30												1:30
1:45												1:45
2:00	2:00 - 2:30 pm				2:00 - 2:45 pm							2:00
2:15	Dev. Enrichment				Foundation Freeskate							2:15
2:30	2:30 - 3:30 pm				2:15 - 3:00 pm							2:30
2:45	Foundation Freeskate	2:45 - 3:45 pm			Off-Ice Cass							2:45
3:00		Development Off-Ice Class			2:45 - 3:30 pm							3:00
3:15					ACADEMY On-Ice							3:15
3:30	FND. Enrichment											3:30
3:45												3:45
4:00		4:00 - 5:00 pm			3:45 - 4:30 pm							4:00
4:15		Foundation Off-Ice Class			ACADEMY On-Ice							4:15
4:30					ACADEMY Off-Ice							4:30
4:45												4:45
5:00					4:45 - 5:30 pm							5:00
5:15					CANSKATE							5:15
5:30					ACADEMY Off-Ice							5:30
5:45												5:45
6:00					5:30 - 6:15 pm							6:00
					CANSKATE							

BC/YT SUMMERSKATE SIMULATIONS
Thursday 24rd July
Thursday 30th July
Thursday 06th August